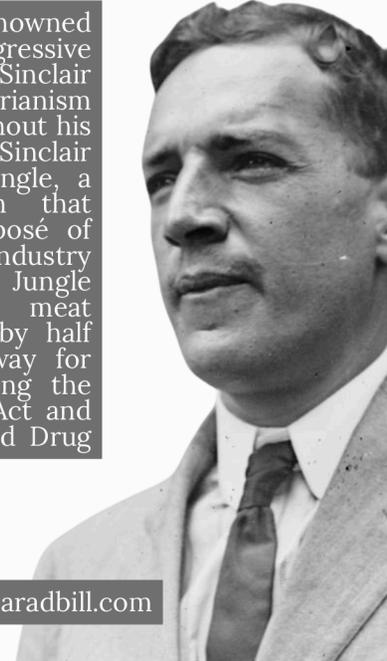


# 20<sup>th</sup> Century Literature: Classic Authors of Vegetarian & Vegan

## Upton Sinclair

Perhaps most renowned for his progressive Socialist views, Sinclair practiced vegetarianism on and off throughout his life. In 1905 Sinclair published *The Jungle*, a work of fiction that served as an exposé of the meatpacking industry in Chicago. The *Jungle* resulted in U.S. meat sales decreasing by half and paved the way for legislation including the Meat Inspection Act and the Pure Food and Drug Act.

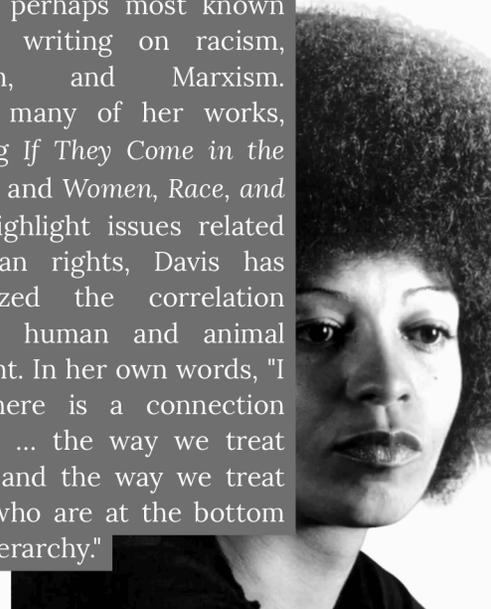


## Brigid Brophy

Brigid Brophy, a famed author and journalist, was once referred to by *Time* magazine as "the acknowledged high priestess of the British intelligentsia". Brophy publicly declared herself to be anti-vegetarian and a vegetarian in a controversial 1965 essay titled "The Rights of Animals". Brophy later adopted a vegan diet. She often incorporated her support of animal rights into her written work. Notably, her 1962 book *Black Ship to Hell* analyzes the destructive nature of man and man's relationship to other living creatures.

## Angela Davis

Civil rights activist Angela Davis is perhaps most known for her writing on racism, feminism, and Marxism. Though many of her works, including *If They Come in the Morning* and *Women, Race, and Class*, highlight issues related to human rights, Davis has emphasized the correlation between human and animal treatment. In her own words, "I think there is a connection between ... the way we treat animals and the way we treat people who are at the bottom of the hierarchy."



## Isaac Bashevis Singer

Singer spent much of his life fascinated with the concept of vegetarianism. At the age of 21 he wrote an alternative to the Ten Commandments to include an eleventh: "Do not kill nor exploit the animal, do not eat its flesh, do not flail its hide, don't force it to do things against its nature." Though Singer did not become a vegetarian until later in life, much of the work throughout his career is tinged with themes of animal rights; his 1935 novel *Satan in Goy* is an excellent example.

## Octavia Butler

Author Octavia Butler was the first science fiction author to receive the MacArthur Genius Fellowship. Though Butler's veganism/vegetarianism is based primarily in speculation, she often incorporated themes related to consumption, alternative societies, and the environment in her work. Notably, Butler's *Xenogenesis* trilogy hosts several examples of anti-meat eating sentiments.

